

Central Coast Heart

Annual Report



Central Coast Heart - Season Four

Central Coast Heart was formed by the region’s three netball associations to promote netball on the coast and provide pathways from the grass roots to the elite level for local players, coaches, umpires and officials.

Highlights of our 2019 season include a pre-season exhibition match in front of more than 600 supporters at Niagara Park Stadium; increased participants at social twilight; winning the NSW Premier League Open minor premiership and our first nationally accredited bench official.



CARE

We work as a team to build and nurture relationships in our communities.



COMMITMENT

Our passion for netball drives us to promote the sport and develop pathways for locals to achieve their potential.



HONESTY

We are professional, trustworthy, loyal, consistent and accountable.

Promoting netball



Providing pathways



Partnering with our community



Promoting Netball

In May 2019 the new home of indoor netball, Niagara Park Stadium, was launched with a Central Coast Heart exhibition match in front of more than 600 supporters.

Musical entertainment from the Gosford High School band created a great atmosphere for two exciting games against North Shore United Opens and Under 23s. It was a fabulous opportunity for local fans to meet the teams ahead of the 2019 season and experience elite netball on the coast. "



Central Coast Heart players and coaches conducted five playing skills clinics during 2019.

The clinics were conducted at four different venues during May-September 2019 for 150 young net ballers aged between 7-14.



A record number of teams played in the 2019 social twilight @ Gosford.

This year there were 48 junior teams, 24 senior teams and 8 mixed teams (over 700 players and umpires) plus spectators at Adcock Park each week to enjoy the beautiful twilight evenings and have some fun at netball.

“The competition is huge - you guys have done a great job”

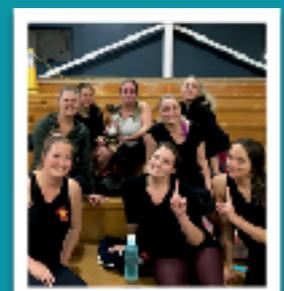
The 2019 Coasties' Commute coincided with the inaugural Premier League Indigenous Round.

Forty local supporters made the trip to Sydney Olympic Park to cheer on Central Coast Heart in two exciting Premier League games.

SOCIAL NETTY ROUND ROBIN

Central Coast Heart hosted the inaugural social netty round robin on 13-14 July 2019.

Teams from across the coast participated in a mix of competitive and social games across the weekend.



Providing Pathways

Central Coast Heart fielded four teams in the 2019 Dooleys Metro League and Netball NSW Premier League competitions.

In the Metro League competition, the Central Coast Heart division 2 team finished in fifth position; and the division 6 team finished in second place and were grand finalists.

In the Premier League Central Coast Heart finished fifth in the Under 23s, while the Open team were minor premiers and grand finalists.



Coast Heart Heart recognised for its 2018 achievements.

At the 2018 Central Coast Sport Awards Central Coast Heart won both the Team of the Year and the Coach of the Year awards.

“Heart a winner at the 2018 Central Coast Sport Awards”

Head coach, Amber Cross, then went on to win the Sport NSW 2019 Community Coach of the Year (with Central Coast Heart being a finalist in the Team of the Year category).



Central Coast Heart now has a national bench official.

During 2019 Frank Passmore qualified to officiate on Australian Netball League and



Suncorp Super Netball matches.

While our umpires officiated at Metro

League, Premier League, State Titles and Men’s & Mixed National Championships.

NANCE KENNY OAM PREMIER LEAGUE PLAYER OF THE YEAR

2018 - **Amy Wild** (Central Coast Heart)

MARG CORBETT OAM NETBALL NSW COACH OF THE YEAR

2018 - **Amber Cross**



Partnering with our community

Central Coast Heart is proud to partner with Central Coast Leagues, the Central Coast community branches of Bendigo Bank and the Imperial Centre Gosford.

Along with our high performance partners (Coast Sport and the University of Newcastle) and pathway partners (Gosford Netball Association, Woy Woy Peninsula Netball Association, Wyong District Netball Association and Central Coast Academy of Sport) Central Coast Heart is building a thriving, passionate netball community on the Central Coast.

CENTRAL COAST LEAGUES
ATHLETE OF THE YEAR 2019

Premier League Opens - **Alicia Walsh**
 Premier League Under 23s - **Brooklyn O'Mara**



NSW Swifts (SSN)

Lauren Moore

NSW Waratahs (ANL)

Lauren Moore, Kristen Kessler, Laura Rodger and Dakota Thomas

Canberra Giants (ANL)

Nakita Jackson

Under 19s State Teams (NNC)

Nakita Jackson and Dakota Thomas

Premier League Opens:

2019 Players' Player - Kristen Kessler

Premier League Under 23s:

2019 Players' Player - Eliza Hand

Metro League Div 2:

2019 Coach's Award - Teah Faimanu

2019 Players' Player - Teah Faimanu

Metro League Div 6:

2019 Coach's Award - Pania Paea

2019 Players' Player - Ellie Price

